

# SUPPORTING YOUR LOVED ONE

## as they start **Korlym® (mifepristone) 300 mg Tablets**

**Living with Cushing syndrome can sometimes be complicated.**

This guide will help you and your loved one navigate this complex disease and provide important information about **Korlym**.

### UNDERSTANDING CUSHING SYNDROME

As your loved one starts on **Korlym**, it's important to know what Cushing syndrome is and how it affects the body.

Cushing syndrome, also known as hypercortisolism, is a disease in which the body overproduces a hormone called cortisol.

Cortisol is often referred to as the “stress hormone” and helps regulate several body functions, including:

- Blood sugar
- Blood pressure
- Mood and memory
- Metabolism
- Salt and water balance
- Immune system
- Stress

**Excess cortisol is harmful to the body.** A person with Cushing syndrome may experience multiple symptoms, such as increased blood sugar, muscle weakness, and irritability.

#### IMPORTANT SAFETY INFORMATION

##### **What Is Korlym® (mifepristone) 300 mg Tablets?**

**Korlym** is a prescription medicine used to treat high blood sugar (hyperglycemia) caused by high cortisol levels in the blood (hypercortisolism) in adults with endogenous Cushing syndrome who have type 2 diabetes mellitus or glucose intolerance and who cannot have surgery or for whom surgery has failed.

**Korlym** is not for people who have type 2 diabetes mellitus not caused by Cushing syndrome.

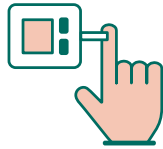
##### **Most Important Information About Korlym**

**Korlym should never be taken by women who are pregnant or who might become pregnant. Taking Korlym during pregnancy will result in the loss of a pregnancy. A pregnancy test is required before starting Korlym or if treatment is interrupted for more than 14 days. Talk with your doctor about how to prevent pregnancy.**

Complete warnings and other Important Safety Information are available in the full Prescribing Information and Medication Guide.

**Korlym®**  
mifepristone  
300 mg Tablets

## COMMON HEALTH ISSUES IN PEOPLE WITH CUSHING SYNDROME



**Increased  
blood sugar**



**Easy bruising and  
thin/fragile skin**



**Hair loss or  
unwanted  
hair growth**



**High blood  
pressure**



**Changes in mood**



**Cognitive issues**

Please note that these are not all of the health issues associated with Cushing syndrome. To learn more about other health issues related to Cushing syndrome, visit [Korlym.com](https://www.korlym.com).

**Keeping an eye out for health issues can help you  
support your loved one throughout treatment.**

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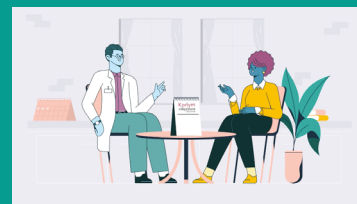
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## STARTING KORLYM

**Korlym** is a medicine used to treat high blood sugar caused by endogenous (inside the body) Cushing syndrome. It works to reduce the negative effects of excess cortisol activity in the body.

Knowing how **Korlym** affects the body will help you know what to expect throughout your loved one's treatment journey.



[Watch our video](#)  
about starting  
treatment on Korlym

At first, treatment with **Korlym** may come with some challenges. Symptoms of cortisol withdrawal are often experienced because the body has gotten used to high cortisol activity. These symptoms include:

**Fatigue**

**Nausea**

**Headaches**

**Joint pain**

**If your loved one is experiencing any new symptoms, they should contact their doctor.**

**Tip:** Consider asking if you can **join medical appointments** to discuss any new health issues or improvements.

### SELECTED SAFETY INFORMATION

The most common side effects of **Korlym** include nausea, fatigue, headache, low potassium in the blood, pain in arms and legs (arthralgia), vomiting, swelling of arms and legs (peripheral edema), high blood pressure, dizziness, decreased appetite, and thickening of the lining of the uterus (endometrial hypertrophy).

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## How to take Korlym

### Do

- ✓ Once a day
- ✓ Whole with a meal

### Don't

- ✗ Split, chew, or crush

**Tip:** Try setting a daily alarm if your loved one might need a reminder to take their pill.

## How can Korlym help?

While the body adjusts to taking **Korlym**, some improvements may be noticed quickly, while others may take more time.

In the **Korlym** clinical trial, most people taking **Korlym** saw:



**Improved blood sugars**



**Less need for antidiabetic medicine (like insulin)**

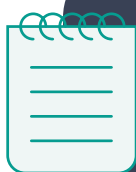


**Weight loss\***



**Improved mood and focus\***

\*It is uncertain whether these changes were the result of the effects of **Korlym**. Participants in the clinical trial reported various symptoms and results throughout the study.



**Keeping track of your loved one's improvements is a good way to know how Korlym is working.** Use the Patient Progress Tracker located on page 35 of the **Korlym** Patient Binder to track any symptoms or improvements. It can also be downloaded at [Korlym.com](https://www.korlym.com).

## SELECTED SAFETY INFORMATION

Tell your doctor and pharmacist about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. **Korlym** and certain other medicines, may affect each other or may cause side effects.

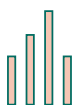
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## ONGOING MONITORING

Throughout their treatment with **Korlym**, it's important to routinely check:



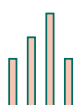
**Potassium  
levels**



**Blood  
sugar**



**Blood  
pressure**



### Potassium levels

Your loved one will need to have blood work done to check their potassium levels. This is important because some people may experience lower than normal potassium levels while on **Korlym**.

Potassium levels should be checked:

**Before starting treatment**

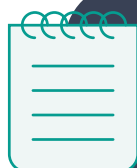
**1-2 weeks after their first dose**

**1-2 weeks after a dose increase**

**Periodically throughout treatment**

### Symptoms of low potassium levels include:

- Muscle weakness, aches, or cramps
- Abnormal or irregular heartbeats (palpitations)



**It's important to inform all of your loved one's doctors that they are taking Korlym.** Find the "Talking About **Korlym** With Your Healthcare Providers" brochure in the **Korlym** Patient Binder or at [Korlym.com](https://www.korlym.com).

## SELECTED SAFETY INFORMATION

### What Are the Possible Side Effects of Korlym?

Patients taking **Korlym** should be monitored for side effects. Potential serious side effects include signs of adrenal insufficiency, low potassium levels, changes to the lining of the uterus, vaginal bleeding, and problems with the electrical system of the heart.

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## Blood sugar

Changes in blood sugar are possible while taking **Korlym**. If blood sugar levels are not already monitored at home, ask their doctor if they should begin monitoring.

**Korlym** can help reduce high blood sugar caused by excess cortisol, so if medications for diabetes are taken, these might need to be reduced or adjusted.

Keep an eye out for symptoms of low blood sugar, which can include feeling:

- Tired
- Irritable
- Shaky
- Very hungry
- Anxious

Tell their doctor if they:

- Have low blood sugar levels
- Experience changes in blood pressure, heartbeat, skin color, sweat, or vision



## Blood pressure

Changes in blood pressure are possible while taking **Korlym**.

If blood pressure levels are not already monitored at home, ask their doctor if they should begin monitoring.

Keep an eye out for symptoms indicating a change in blood pressure. These can include feeling:

- Dizzy
- Faint
- Nauseous

Tell their doctor if they:

- Had changes in blood pressure
- Have fainted
- Had changes to their vision
- Struggle to concentrate

**Contact a healthcare provider if any of these symptoms are being experienced.**

## SELECTED SAFETY INFORMATION

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of **Korlym**. For more information, ask your doctor or pharmacist. For medical advice about side effects, call your doctor.

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## TIPS FOR SUPPORTING YOUR LOVED ONE



### Emotionally

- Lend a sympathetic ear
- Be patient while they are adjusting to **Korlym** and encourage them to work with their doctor during their treatment



### With everyday needs

- Take on household duties when they have low energy
- Help keep track of signs, symptoms, and improvements
  - You can use the Progress Tracker in the **Korlym** Patient Binder located on page 35, or you can download tracking pages at [Korlym.com](https://www.korlym.com)



### During doctor appointments

- Offer to attend their medical appointments. Helping recall discussions and taking notes during their appointments can help foster productive sessions with their doctors
- **Remind them to inform all of their doctors that they are on Korlym.** Use the “Talking About **Korlym** With Your Healthcare Providers” brochure to help with this conversation. This brochure can be found in the **Korlym** Patient Binder or at [Korlym.com](https://www.korlym.com)
- Remind them to bring their Progress Tracker to their appointments

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## REMEMBER TO PRACTICE SELF CARE

### Speak up

Talking with other caretakers, even outside of the Cushing community, can provide needed support and help you find new ways to cope.

### Take time for yourself

Don't forget to take care of your own health and wellness needs. Do things that bring you joy. And always keep up with your own doctor visits.

### Watch out for stress

If you are feeling overwhelmed, take a break. Ask a friend to help out with whatever tasks you may need a hand with.



**Being a caretaker can cause stress that may negatively impact your own health.** This may result in depression, irritability, or changes in eating or sleeping habits. Do not neglect your health; do your best to stay active and engaged in things that you enjoy.

**Personalized support is available** to you and your loved one through **Corcept Cares**. Call **1-855-295-9969** to learn more.

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## Corcept Cares is here for you

Learn about a personalized support program with a team dedicated to supporting you and your loved one.



Watch our video about ongoing support

### INDICATIONS AND IMPORTANT SAFETY INFORMATION

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**Taking Korlym during pregnancy will result in the loss of a pregnancy. A pregnancy test is required before starting Korlym or if treatment is interrupted for more than 14 days. Talk with your doctor about how to prevent pregnancy.**

Tell your doctor and pharmacist about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. **Korlym** and certain other medicines, may affect each other or may cause side effects.

Do not take **Korlym** if:

- you are taking certain medications for high cholesterol, such as simvastatin (e.g., Zocor®) or lovastatin (e.g., Mevacor®), as **Korlym** may cause a dangerous increase in the level of these medications in the blood
- you take corticosteroid medications like prednisone to treat a serious medical condition
- you have experienced unexplained vaginal bleeding, changes in the cells lining your uterus (endometrial hyperplasia), or cancer of the lining of your uterus (endometrial cancer)

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Before taking **Korlym**, talk to your doctor if you are breastfeeding or plan to breastfeed.

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