

SUPPORTING YOUR LOVED ONE

as they start Korlym® (mifepristone) 300 mg Tablets

Living with Cushing syndrome (hypercortisolism) can sometimes be complicated.

This guide will help you and your loved one navigate this complex disease and provide important information about **Korlym**.

UNDERSTANDING HYPERCORTISOLISM

As your loved one starts on **Korlym**, it's important to know what hypercortisolism is and how it affects the body.

Hypercortisolism is a disease in which the body overproduces a hormone called cortisol.

Cortisol is a natural hormone produced by the body and helps regulate several functions, including:

- Blood sugar
- Blood pressure
- Mood and memory
- Metabolism
- Salt and water balance
- Immune system
- Stress

Excess cortisol is harmful to the body over time. A person living with hypercortisolism may experience multiple symptoms, such as increased blood sugar, muscle weakness, and irritability.

INDICATION

Korlym is a prescription medicine used to treat high blood sugar (hyperglycemia) caused by high cortisol levels in the blood (hypercortisolism) in adults with endogenous Cushing's syndrome who have type 2 diabetes mellitus or glucose intolerance and have failed surgery or cannot have surgery.

Korlym is not for people who have type 2 diabetes mellitus not caused by Cushing's syndrome.

It is not known if **Korlym** is safe and effective in children.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about Korlym?

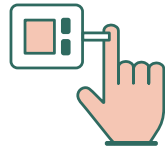
Korlym can cause serious side effects, including:

- **Loss of a pregnancy.** Women who can become pregnant must:
 - have a negative pregnancy test before starting **Korlym** or before restarting **Korlym** if you stop taking it for more than 14 days
 - use a non-hormonal form of birth control while taking **Korlym** and for one month after stopping **Korlym**. Talk to your doctor about how to prevent pregnancy. Tell your doctor right away if you think you may be pregnant.

Please see additional Important Safety Information throughout, and [Important Facts](#) about Korlym.

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COMMON HEALTH ISSUES IN PEOPLE LIVING WITH HYPERCORTISOLISM



**Increased
blood sugar**



**Easy bruising and
thin/fragile skin**



**Hair loss or
unwanted
hair growth**



**High blood
pressure**



Changes in mood



Cognitive issues

Please note that these are not all of the health issues associated with hypercortisolism. To learn more, visit [Korlym.com](https://www.korlym.com).

**Keeping an eye out for health issues can help you
support your loved one throughout treatment.**

IMPORTANT SAFETY INFORMATION (CONT.)

Do not take Korlym if you:

- are pregnant
- are taking medicines that contain simvastatin, lovastatin, cyclosporine, dihydroergotamine, ergotamine, fentanyl, pimozide, quinidine, sirolimus, or tacrolimus
- must take corticosteroid medicines for other serious medical problems
- have experienced unexplained vaginal bleeding, changes in the cells lining your uterus (endometrial hyperplasia), or cancer of the lining of your uterus (endometrial cancer)
- are allergic to mifepristone or any of the ingredients in **Korlym**.

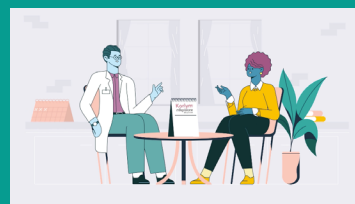
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STARTING KORLYM

Korlym is a medicine used to treat high blood sugar caused by endogenous hypercortisolism. This is when your body makes too much cortisol on its own. Korlym has been shown to reduce certain negative effects of excess cortisol activity.

Knowing how **Korlym** affects the body will help you know what to expect throughout your loved one's treatment journey.



**Watch our video
about starting
treatment on Korlym.**

If your loved one's body has been exposed to high cortisol activity over time, it may have gotten used to it. As a result, **it can take time to adjust to less cortisol activity after starting Korlym. During this period, they might experience something known as "cortisol withdrawal."** They might feel worse before they feel better, sometimes experiencing flu-like symptoms. These symptoms may improve as they reach the best dose of **Korlym** for their body. Some symptoms of cortisol withdrawal may include:

**Fatigue
(feeling very tired)**

**Aches or weakness in
your muscles or joints**

Nausea

Abdominal pain

These are not all of the possible side effects of **Korlym**.

If your loved one is experiencing any new symptoms, they should contact their healthcare professional.

Tip: Consider asking if you can **join medical appointments** to discuss any new health issues or improvements.

IMPORTANT SAFETY INFORMATION (CONT.)

What Are the Possible Side Effects of Korlym?

Serious side effects of Korlym may also include:

- **reduced effects of adrenal hormones (adrenal insufficiency).** Tell your doctor right away if you have unusual tiredness or weakness, nausea, fatigue, low blood pressure (hypotension), low blood sugar (hypoglycemia)

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How to take Korlym

Do

- ✓ Once a day
- ✓ Whole with a meal

Don't

- ✗ Split, chew, or crush

Tip: Try setting a daily alarm if your loved one might need a reminder to take their tablets.

How can Korlym help?

While the body adjusts to taking **Korlym**, some improvements may be noticed quickly, while others may take more time.

In the **Korlym** clinical trial, people taking **Korlym** saw:



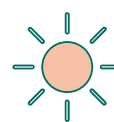
Improved blood sugars



Less need for antidiabetic medicine (like insulin)

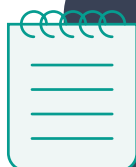


Weight loss*



Improved mood*

*In the clinical study, some patients receiving **Korlym** reported changes in weight, waist measurement, appearance (such as the clearing of acne), mood, symptoms of depression, ability to think clearly, and muscle strength. It is uncertain whether **Korlym** caused these changes.



Keeping track of your loved one's progress is a good way to know how **Korlym** is working. Use the Patient Progress Tracker located in the **Korlym** Patient Binder to track any symptoms or improvements. It can also be downloaded at [Korlym.com/Resources](https://korlym.com/Resources).

IMPORTANT SAFETY INFORMATION (CONT.)

What Are the Possible Side Effects of Korlym?

Serious side effects of **Korlym** may also include (cont.):

- **low blood potassium (hypokalemia).** Your doctor should check the level of potassium in your blood before you start taking **Korlym** and while you take it. Tell your doctor if you have muscle weakness, aches or cramps, abnormal or irregular heartbeats (palpitations)

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ONGOING MONITORING

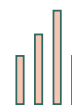
Before starting **Korlym** and during treatment, your loved one and their healthcare professional will regularly monitor:



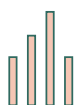
Blood sugar



Blood pressure



Potassium levels



Potassium levels

Your loved one will need to have blood work done to check their potassium levels. This is important because some people may experience lower than normal potassium levels while on **Korlym**.

Potassium levels should be checked:

Before starting treatment

1-2 weeks after their first dose

1-2 weeks after a dose increase

Periodically throughout treatment



Symptoms of low potassium levels may include:

- Muscle weakness, aches, or cramps
- Constipation
- Abnormal or irregular heartbeat (palpitations)
- Swelling of the hands or feet (edema)



It's important to inform your loved one's entire team of healthcare professionals that they are taking Korlym. Find the "Talking About Korlym With Your Healthcare Professional Team" brochure at Korlym.com/Resources.

IMPORTANT SAFETY INFORMATION (CONT.)

What Are the Possible Side Effects of Korlym?

Serious side effects of Korlym may also include (cont.):

- **bleeding from the vagina.** Korlym may cause the lining of your uterus to become thick and may cause your uterus to bleed. Tell your doctor right away about any bleeding from your vagina that is not normal for you
- **disruption of menstrual cycle**

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Blood sugar

Changes in blood sugar are possible while taking **Korlym**. If blood sugar levels are not already monitored at home, ask their healthcare professional if they should begin monitoring. **Korlym** can help reduce high blood sugar caused by excess cortisol, so if your loved one takes diabetes medications, they might need to be reduced or adjusted.

Keep an eye out for symptoms of low blood sugar, which can include feeling:

- Tired
- Irritable
- Shaky
- Very hungry
- Anxious

Tell their healthcare professional if they:

- Have low blood sugar levels
- Experience changes in blood pressure, heartbeat, skin color, sweat, or vision



Blood pressure

Changes in blood pressure are possible while taking **Korlym**. If blood pressure levels are not already monitored at home, ask their healthcare professional if they should begin monitoring.

Keep an eye out for symptoms indicating a change in blood pressure. These can include feeling:

- Dizzy
- Faint
- Nauseous

Tell their healthcare professional if they:

- Have changes in blood pressure
- Have fainted
- Have changes to their vision
- Struggle to concentrate

Contact a healthcare professional if any of these symptoms are being experienced.

IMPORTANT SAFETY INFORMATION (CONT.)

What Are the Possible Side Effects of Korlym?

Serious side effects of Korlym may also include (cont.):

- problems with the electrical system of your heart (QT interval prolongation)
- worsening of symptoms of other medical problems that are treated with corticosteroids when you take corticosteroids and Korlym at the same time.

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TIPS FOR SUPPORTING YOUR LOVED ONE



Emotionally

- Lend a sympathetic ear
- Be patient while they are adjusting to **Korlym** and encourage them to work with their healthcare professional during their treatment



With everyday needs

- Take on household duties when they have low energy
- Help keep track of signs, symptoms, and improvements
 - You can use the Progress Tracker in the **Korlym** Patient Binder or you can download tracking pages at [Korlym.com/Resources](https://www.korlym.com/Resources)



During appointments with healthcare professionals

- Offer to attend their medical appointments. Helping recall discussions and taking notes can help foster productive sessions during appointments with healthcare professionals
- **Remind them to inform their entire team of healthcare professionals that they are on Korlym.** Use the "Talking About **Korlym** With Your Healthcare Professional Team" brochure to help with this conversation. This brochure can be found at [Korlym.com/Resources](https://www.korlym.com/Resources)
- Remind them to bring their Progress Tracker to their appointments

IMPORTANT SAFETY INFORMATION (CONT.)

The most common side effects of Korlym include nausea, fatigue, headache, low potassium in your blood, pain in your arms and legs (arthralgia), vomiting, swelling of your arms and legs (peripheral edema), high blood pressure, dizziness, decreased appetite, and thickening of the lining of the uterus (endometrial hypertrophy).

These are not all the possible side effects of **Korlym**. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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REMEMBER TO PRACTICE SELF CARE

Speak up

Talking with other caretakers, even outside of the endogenous hypercortisolism community, can provide needed support and help you find new ways to cope.

Take time for yourself

Don't forget to take care of your own health and wellness needs. Do things that bring you joy. And always keep up with your own appointments with healthcare professionals.

Watch out for stress

If you are feeling overwhelmed, take a break. Ask a friend to help out with whatever tasks you may need a hand with.



Being a caretaker can cause stress that may negatively impact your own health. This may result in depression, irritability, or changes in eating or sleeping habits. Do not neglect your health. Do your best to stay active and engaged in things that you enjoy.

Call 1-855-4KORLYM (1-855-456-7596) to ask your loved one's **Specialty Pharmacist** any questions or share any concerns you may have.

IMPORTANT SAFETY INFORMATION (CONT.)

Before taking Korlym, tell your doctor if you are pregnant or plan to become pregnant, have low potassium in your blood (hypokalemia), have or have had a bleeding problem or are taking medicines to thin your blood, have or have had heart problems, have had an organ transplant, have been taking medicines called corticosteroids (cortisone, dexamethasone, methylprednisolone, prednisolone, prednisone), are breastfeeding or plan to breastfeed.

You should not drink grapefruit juice while you take **Korlym**.

Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements. Using **Korlym** with certain other medicines may affect each other or may cause serious side effects.

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Have additional questions about Korlym or available support?

Sign up to connect with a [Corcept Cares Patient Advocate](#) who can offer personalized support throughout your loved one's treatment journey.

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