

Treatment guide for patients taking  
Korlym® (mifepristone) 300 mg Tablets

Korlym®  
mifepristone  
300 mg Tablets



# YOUR TREATMENT. YOUR JOURNEY.

Tips and tools for successful **Korlym** treatment

## INDICATIONS AND IMPORTANT SAFETY INFORMATION

### What Is Korlym® (mifepristone) 300 mg Tablets?

**Korlym** is a prescription medicine used to treat high blood sugar (hyperglycemia) caused by high cortisol levels in the blood (hypercortisolism) in adults with endogenous Cushing syndrome who have type 2 diabetes mellitus or glucose intolerance and who cannot have surgery or for whom surgery has failed. **Korlym** is not for people who have type 2 diabetes mellitus not caused by Cushing syndrome.

**Most Important Information About Korlym** (continued on following page)  
**Korlym should never be taken by women who are pregnant or who might become pregnant. Taking Korlym during pregnancy will result in the loss of a pregnancy. A pregnancy test is required before starting Korlym or if treatment is interrupted for more than 14 days. Talk with your doctor about how to prevent pregnancy.**

Complete warnings and other Important Safety Information are available in the full Prescribing Information and Medication Guide.

# Quick contacts

## My Healthcare Providers

Name: \_\_\_\_\_

Specialty: \_\_\_\_\_

Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Specialty: \_\_\_\_\_

Phone: \_\_\_\_\_

## My Patient Advocate

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Phone: **1-855-295-9969**      Email: [patientadvocate@corcept.com](mailto:patientadvocate@corcept.com)

Your Patient Advocate can only reach out to you with your consent. Please call the Patient Advocate number or SPARK number below to give your consent for Patient Advocate support.

## SPARK

**1-855-4KORLYM** (1-855-456-7596)

A SPARK Pharmacist is on call 24 hours a day, 7 days a week to answer your questions about taking **Korlym** and other medications.

To learn more about SPARK and the Patient Advocate program, see [Help at every step along the way](#). For more information, visit [Korlym.com](http://Korlym.com).

## IMPORTANT SAFETY INFORMATION

### Most Important Information About Korlym (cont)

Tell your doctor and pharmacist about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. **Korlym** and certain other medicines, may affect each other or may cause side effects.

# Your journey begins here

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Complete warnings and other **Important Safety Information** are available in the full **Prescribing Information and Medication Guide**.

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**Now that you have been diagnosed with Cushing syndrome, you can take steps toward improving your symptoms. Remember that your journey may take time.**

This guide will help you understand what to expect along the way and where to find support when you need it.

## **IMPORTANT SAFETY INFORMATION**

### **Most Important Information About Korlym (cont)**

Do not take **Korlym** if:

- you are taking certain medications for high cholesterol, such as simvastatin (e.g., Zocor®) or lovastatin (e.g., Mevacor®), as **Korlym** may cause a dangerous increase in the level of these medications in the blood
- you take corticosteroid medications like prednisone to treat a serious medical condition
- you have experienced unexplained vaginal bleeding, changes in the cells lining your uterus (endometrial hyperplasia), or cancer of the lining of your uterus (endometrial cancer)

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# Treatment tips



**Be patient**  
as your body adjusts  
to treatment.  
Success takes time!



**Set goals**  
with the help of your  
healthcare provider.



**Tell your healthcare provider  
about any side effects.**  
You may need to adjust one  
or more of your medications.  
Side effects can be expected  
early in treatment and may  
decrease over time.



**Ask for help**  
when you need it.  
Your Patient Advocate  
can provide support  
and information.\*



**Plan a regular time  
to take your Korlym  
dose every day.**  
Korlym should be taken  
once daily with a meal.



**Korlym pills should  
be swallowed whole.**  
Do not split, crush, or chew  
the pills.



**Get involved.**  
Ask questions about  
your treatment.



**Use the checklists.**  
They can help you prepare  
for appointments.  
(See [Checklists](#))



**Use the  
progress tracker.**  
Discuss it with your  
healthcare provider at  
your appointments.  
(See [Progress tracker](#))



**Look forward,**  
but don't forget to  
look back now and then  
to see how far you've come.  
The progress tracker  
can help with that, too!

\*Your Patient Advocate can provide support and answer questions but cannot provide medical advice.

## IMPORTANT SAFETY INFORMATION

### What Are the Possible Side Effects of Korlym?

Patients taking **Korlym** should be monitored for side effects. Potential serious side effects include signs of adrenal insufficiency, low potassium levels, changes to the lining of the uterus, vaginal bleeding, and problems with the electrical system of the heart.

The most common side effects of **Korlym** include nausea, fatigue, headache, low potassium in the blood, pain in arms and legs (arthralgia), vomiting, swelling of arms and legs (peripheral edema), high blood pressure, dizziness, decreased appetite, and thickening of the lining of the uterus (endometrial hypertrophy).

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# Prepare for your journey

Your treatment with **Korlym** will take time. Here is what you can expect along the way.

## Before treatment begins

**You will have testing done** to evaluate your blood sugar, blood pressure, and potassium levels.

**Work with your healthcare provider** to develop personalized treatment goals and to understand what you can expect during treatment, including anticipated side effects. Discuss any monitoring you will need to do, as well as medication adjustments or discontinuation.

### » My treatment goals

Write down the treatment goals you set with your healthcare provider.

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**Potassium levels should be checked before starting treatment, 1 to 2 weeks after the first dose, 1 to 2 weeks after a dose increase, and periodically as treatment continues. Blood sugar and blood pressure should be monitored regularly throughout treatment.**

## IMPORTANT SAFETY INFORMATION

### What Are the Possible Side Effects of Korlym? (cont)

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of **Korlym**. For more information, ask your doctor or pharmacist. For medical advice about side effects, call your doctor.

## Early in treatment

**In the first 6 weeks, you may see changes in your**

- » Blood sugar levels, including a reduction in dose of diabetes medications (such as insulin)
- » Blood pressure\*
- » Mood<sup>†</sup>
- » Ability to think clearly<sup>†</sup>

**Most common side effects occur during the first 2 weeks of treatment as your body adjusts to less cortisol activity.**

Tell your healthcare provider about any side effects you experience and reach out to your Patient Advocate when you need support.

To learn more, see *Side effects of Korlym*.

## Later in treatment

**After 2 months, you may continue to see improvements in your**

- » Blood sugar levels, including a reduction in dose of diabetes medications (such as insulin)

**You may also see improvements in your<sup>†</sup>**

- » Weight
- » Skin (such as less acne)
- » Body hair (hair growth patterns)
- » Stretch marks
- » Other signs of hypercortisolism (such as fat deposits or rounded face)

Work with your healthcare provider to assess your progress and manage any side effects you are experiencing. Your healthcare provider will adjust your dose as needed.

\***Korlym** is not indicated to treat high blood pressure.

<sup>†</sup>It is uncertain whether these changes were the result of the effects of **Korlym**.

Before taking **Korlym**, talk to your doctor if you are breastfeeding or plan to breastfeed.

Complete warnings and other **Important Safety Information** are available in the full **Prescribing Information and Medication Guide**.

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# Cortisol and your body

Hypercortisolism is a complex disease that can be difficult to understand. Getting to know the basics of cortisol and its effects on your body is an important part of your treatment journey.



## What is cortisol?

Cortisol is a hormone that your body makes naturally. Known as the body's stress hormone, cortisol helps your body respond to stress by regulating blood sugar, blood pressure, and other important bodily functions.

## What is hypercortisolism?

Endogenous (inside the body) hypercortisolism occurs when your body makes too much cortisol on its own. This increase in cortisol activity has a domino effect on the rest of your body, often causing high blood sugar, weight gain, infection, hypertension, and cardiovascular disease.

Hypercortisolism is also called Cushing syndrome

### IMPORTANT SAFETY INFORMATION

#### Most Important Information About Korlym (cont)

Tell your doctor and pharmacist about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. **Korlym** and certain other medicines, may affect each other or may cause side effects.

Do not take **Korlym** if:

- you are taking certain medications for high cholesterol, such as simvastatin (e.g., Zocor®) or lovastatin (e.g., Mevacor®), as **Korlym** may cause a dangerous increase in the level of these medications in the blood

- you take corticosteroid medications like prednisone to treat a serious medical condition
- you have experienced unexplained vaginal bleeding, changes in the cells lining your uterus (endometrial hyperplasia), or cancer of the lining of your uterus (endometrial cancer)

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## What are the signs and symptoms of hypercortisolism?

You may have experienced declining health for some time. Endogenous hypercortisolism is a challenging disease that disrupts your body and mind—even when you're doing all you can to lead a healthy lifestyle.

The signs and symptoms of hypercortisolism vary from one person to the next, so the problems you are facing could be very different from others with hypercortisolism.

## Common signs and symptoms associated with hypercortisolism



### Health

- » Obesity or weight gain
- » High blood sugar or diabetes
- » High blood pressure
- » Irregular periods
- » Muscle weakness
- » Weak bones
- » Hardening of the arteries
- » Slow wound healing
- » Frequent infections
- » Fluid retention, swelling of feet/legs
- » Kidney stones



### Mood/Energy

- » Mood changes: depression, anxiety, irritability
- » Poor short-term memory
- » Poor concentration
- » Low sex drive
- » Low energy, fatigue/tiredness
- » Trouble sleeping



### Appearance

- » Rounded face
- » Unwanted hair growth, hair loss
- » Red or flushed face
- » Belly fat
- » Extra fat around neck
- » Skin: red or purple stripes or streaks, stretch marks, easy bruising, acne

## IMPORTANT SAFETY INFORMATION

### What Are the Possible Side Effects of Korlym?

Patients taking **Korlym** should be monitored for side effects. Potential serious side effects include signs of adrenal insufficiency, low potassium levels, changes to the lining of the uterus, vaginal bleeding, and problems with the electrical system of the heart.

The most common side effects of **Korlym** include nausea, fatigue, headache, low potassium in the blood, pain in arms and legs (arthralgia), vomiting, swelling of arms and legs (peripheral edema), high blood pressure, dizziness, decreased appetite, and thickening of the lining of the uterus (endometrial hypertrophy).

Complete warnings and other [Important Safety Information](#) are available in the full [Prescribing Information and Medication Guide](#).

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# What is **Korlym**?

Your healthcare provider has prescribed **Korlym** for you. **Korlym** is a pill that can improve signs and symptoms of hypercortisolism. **So, how does it work?**

**Korlym** is a medication used to treat high blood sugar caused by endogenous (inside the body) hypercortisolism. It works to reduce the negative effects of excess cortisol activity in your body.

## IMPORTANT SAFETY INFORMATION

### What Are the Possible Side Effects of **Korlym**? (cont)

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of **Korlym**. For more information, ask your doctor or pharmacist. For medical advice about side effects, call your doctor.

Before taking **Korlym**, talk to your doctor if you are breastfeeding or plan to breastfeed.

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# What can I expect with **Korlym**?

At first, your treatment with **Korlym** may be challenging. Your body has been affected by high cortisol activity for a long time. Over time, your body will adjust to decreased cortisol activity. Some improvements will happen quickly and others will take time.



## Clinical changes with **Korlym**

**Korlym** was studied in a clinical trial\* of 50 adults with endogenous Cushing syndrome who had type 2 diabetes mellitus or glucose intolerance and who could not have surgery or for whom surgery failed.

In the study, 84% of patients taking **Korlym** had positive results.

\*Results are from an open-label study of **Korlym**. Assessment was based on 8 broad categories: glucose control, lipids, blood pressure, body composition, clinical appearance, strength, psychiatric/cognitive symptoms, and quality of life.  
†It is uncertain whether these changes were the result of the effects of **Korlym**.

## Improved blood sugar control

- » More than half of the patients (60%) had at least a 25% drop in fasting glucose
- » Improvement in blood sugar was seen within 6 weeks after the first treatment
- » Of patients taking **Korlym**, 7 of 15 had their antidiabetic medications reduced and 5 of 12 had their insulin reduced by at least half

## Improved mood<sup>†</sup>

- » Patients with depression had a positive change in mood

## Improved focus<sup>†</sup>

- » Patients experienced improved concentration, mental health, and emotional well-being

## Weight loss<sup>†</sup>

- » After 4 months, 52% of patients had lost weight; patients taking **Korlym** had an average total body weight decrease of 5.7% after 6 months
- » On average, men lost 3.3 inches from their waistline and women lost 2.8 inches from their waistline

If you experience a sudden weight increase, call your healthcare provider

## Cortisol withdrawal

As you start treatment with **Korlym**, you may feel worse before you feel better. Signs and symptoms include tiredness, headaches, nausea, and joint pain. As the best dose of **Korlym** for your body is reached, these symptoms may improve.

To learn more about cortisol withdrawal and other side effects, see *Side effects of Korlym* or visit [Korlym.com](http://Korlym.com).

## IMPORTANT SAFETY INFORMATION

### Most Important Information About **Korlym** (cont)

Tell your doctor and pharmacist about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. **Korlym** and certain other medicines, may affect each other or may cause side effects.

Do not take **Korlym** if:

- you are taking certain medications for high cholesterol, such as simvastatin (e.g., Zocor<sup>®</sup>) or lovastatin (e.g., Mevacor<sup>®</sup>), as **Korlym** may cause a dangerous increase in the level of these medications in the blood

- you take corticosteroid medications like prednisone to treat a serious medical condition
- you have experienced unexplained vaginal bleeding, changes in the cells lining your uterus (endometrial hyperplasia), or cancer of the lining of your uterus (endometrial cancer)

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# Side effects of Korlym

It's common to have some side effects as your body gets used to less cortisol activity. Tell your healthcare provider about any signs or symptoms you experience so that he or she can help.



## The most common side effects of Korlym include

- Nausea
- Headache
- Fatigue
- Dizziness
- Vomiting
- High blood pressure
- Decreased appetite
- Low potassium in your blood (hypokalemia)
- Pain in your arms and legs (arthralgia)
- Thickening of the lining of the uterus (endometrial hypertrophy)
- Swelling of your arms and legs (peripheral edema)

## Low potassium levels (hypokalemia)

Muscle aches, cramps, constipation, irregular heartbeat (palpitations), or swelling of your hands or feet (edema) could be a sign of low potassium levels. Tell your healthcare provider if you have any of these symptoms while taking **Korlym**. Low potassium while you are taking **Korlym** should be treated by your healthcare provider. (See [Check-ins along the way](#) for more information about potassium levels)

## Cortisol withdrawal effects

Your body has become used to excess cortisol. When **Korlym** begins to block some cortisol activity, you may have symptoms of cortisol withdrawal. Cortisol withdrawal can make you feel like you have the flu. Symptoms include tiredness, headaches, nausea, and joint pain. Inform your healthcare provider immediately if you experience cortisol withdrawal symptoms.

## Changes in blood sugar or blood pressure\*

When you regularly monitor your blood sugar and blood pressure at home, record the results. Let your healthcare provider know of any change in your blood sugar or blood pressure levels. It's important to know if either of these levels is higher or lower than normal. Your healthcare provider may need to adjust your medications. (See [Check-ins along the way](#) and [Progress tracker](#))

## Unusual vaginal bleeding

If you have a uterus and are taking **Korlym**, you may have unusual vaginal bleeding such as spotting, missed periods, irregular periods, or other menstrual changes. If you notice signs of unusual bleeding, tell your healthcare provider right away. It is also recommended that you notify your gynecologist that you are taking **Korlym**.

## Adrenal insufficiency

If you experience unusual tiredness, weakness, nausea, or fatigue accompanied by low blood pressure and/or low blood sugar, contact your healthcare provider right away.

**These are not all of the possible side effects of Korlym. Tell your healthcare provider if you have a side effect that bothers you or that does not go away.**

\***Korlym** is not indicated to treat high blood pressure.

Complete warnings and other **Important Safety Information** are available in the full **Prescribing Information and Medication Guide**.

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# What is the best dose for me?

Your healthcare provider will work with you to find the dose that will help you reach your treatment goals. **Korlym** dosing is a process, and it takes time. It's important to understand that not all patients taking **Korlym** need the same dose (number of pills each day).



In the clinical study of **Korlym**, patients experienced first improvements at different doses. All of the patients started with 1 pill (300 mg) a day, but most needed a higher dose before they saw results.



**8 out of 10 patients** were taking at least **600 mg or more per day when first improvements were seen.\***

\*Results are from an open-label study of **Korlym**. Assessment was based on 8 broad categories: glucose control, lipids, blood pressure, body composition, clinical appearance, strength, psychiatric/cognitive symptoms, and quality of life.

## IMPORTANT SAFETY INFORMATION

### What Are the Possible Side Effects of Korlym? (cont)

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of **Korlym**. For more information, ask your doctor or pharmacist. For medical advice about side effects, call your doctor.

**You will start** with a daily dose of

**1 pill**  
(300 mg)

(Pills not actual size)

After 2 to 4 weeks, your healthcare provider *may* increase your daily dose to

**2 pills**  
(600 mg)

In the next 2 to 4 weeks, your healthcare provider *may* increase your daily dose to

**3 pills**  
(900 mg)

After another 2 to 4 weeks, your healthcare provider *may* increase your daily dose to

**4 pills**  
(1200 mg)

**If you experience side effects, talk with your healthcare provider.**

Please read on to learn about the importance of monitoring during **Korlym** treatment.

Before taking **Korlym**, talk to your doctor if you are breastfeeding or plan to breastfeed.

Complete warnings and other **Important Safety Information** are available in the full **Prescribing Information and Medication Guide**.

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# Check-ins along the way

During your treatment, it's very important that you monitor your blood sugar and blood pressure. Your healthcare provider will also monitor your potassium levels.

Monitoring these levels can help your healthcare provider see how your treatment is working and know when to adjust your **Korlym** dose or doses of other medications you take.

Record your results from home testing and lab visits in the *Progress tracker* section. Bring your records with you to appointments to discuss with your healthcare provider.



## Three important checks

### ✓ 1. Blood sugar

**Check your blood sugar regularly.** Tell your healthcare provider about any changes.

**Why?** Because changes in your blood sugar levels are the best way to see how your treatment with **Korlym** is working. **Korlym** can help reduce blood sugar due to excess cortisol, so medications you take for diabetes may need to be reduced or adjusted. Your healthcare provider will adjust your prescriptions as needed.

**Important:** Inform your healthcare provider right away if you have low blood sugar.

### ✓ 2. Potassium levels

**The level of potassium in your blood should be checked**

- Before starting treatment with **Korlym**
- 1 to 2 weeks after your first dose
- 1 to 2 weeks after a dose increase
- Periodically as you continue treatment

**Why?** Because low potassium, called hypokalemia, can happen at any time during treatment with **Korlym**. If you experience swelling in your arms, legs, or other areas of your body (edema), it could be due to low potassium (See *Side effects of Korlym* to learn more). Work with your healthcare provider to make sure your potassium levels are checked regularly.

### ✓ 3. Blood pressure\*

**Check your blood pressure regularly.** Tell your healthcare provider about any changes.

**Why?** Because if you take blood pressure medication, the dose may need to be adjusted up or down. Your healthcare provider will adjust your prescription as needed.

**Important:** If you feel dizzy or have other signs of low blood pressure, check your blood pressure and tell your healthcare provider about your signs and symptoms.

## Other signs of progress†

**There are more ways to look for improvements during your treatment with Korlym.**

- » Weight loss and changes in waist measurement
- » Changes in how you look, such as acne clearing up
- » Better mood, fewer symptoms of depression
- » Clearer thinking
- » Returning muscle strength

\***Korlym** is not indicated to treat high blood pressure.

†It is uncertain whether these changes were the result of the effects of **Korlym**.

## IMPORTANT SAFETY INFORMATION

### What Are the Possible Side Effects of Korlym?

Patients taking **Korlym** should be monitored for side effects. Potential serious side effects include signs of adrenal insufficiency, low potassium levels, changes to the lining of the uterus, vaginal bleeding, and problems with the electrical system of the heart.

The most common side effects of **Korlym** include nausea, fatigue, headache, low potassium in the blood, pain in arms and legs (arthralgia), vomiting, swelling of arms and legs (peripheral edema), high blood pressure, dizziness, decreased appetite, and thickening of the lining of the uterus (endometrial hypertrophy).

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# Help at every step along the way

Useful resources are available for you and can help you succeed in your treatment journey.

## Patient Advocates

### What is a Patient Advocate?

A Patient Advocate is a healthcare professional specially trained in hypercortisolism.

While you are taking **Korlym**, a Patient Advocate will be assigned to help you. Once your first **Korlym** shipment is on its way, a Patient Advocate will reach out to you to offer support.

Please make sure you have signed the consent form to receive Patient Advocate support. If you are unsure, you can call SPARK at 1-855-4KORLYM or a Patient Advocate at 1-855-295-9969.



Your Patient Advocate can help you learn about hypercortisolism and Korlym, and is here for you even if you just need someone to listen to what you're going through.

### IMPORTANT SAFETY INFORMATION

#### What Are the Possible Side Effects of Korlym? (cont)

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of **Korlym**. For more information, ask your doctor or pharmacist. For medical advice about side effects, call your doctor.

### How can a Patient Advocate help me?

#### Your Patient Advocate is here to



**Listen to you** when you need someone to talk to about your treatment



**Help you understand** why it's important to monitor your potassium, blood pressure,\* and blood sugar levels



**Answer your questions** about hypercortisolism, how **Korlym** works, and what to expect during treatment



**Check in with you** to see how you are doing on your current dose



**Remind you** to tell your healthcare provider about important things, such as other medications you are taking



**Provide emotional support** throughout your treatment with **Korlym**

\***Korlym** is not indicated to treat high blood pressure.

**Please note:** Your Patient Advocate cannot provide medical advice. You should talk regularly with your healthcare provider about your treatment and about finding the best dose of **Korlym** for you.



Reach out to a **Korlym** Patient Advocate  
**1-855-295-9969**

Before taking **Korlym**, talk to your doctor if you are breastfeeding or plan to breastfeed.

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# SPARK

Support Program for Access and Reimbursement for Korlym®

## What is SPARK?

SPARK is a specialty pharmacy that is dedicated exclusively to patients who are taking **Korlym**.

You can only get **Korlym** from one specialty pharmacy. Your SPARK team consists of a Care Coordinator and a team of pharmacists. They will contact you about your **Korlym** shipments.

**Important:** **Korlym** cannot be sent to you without your approval. Your Care Coordinator will contact you before every shipment. Be sure to respond!



## IMPORTANT SAFETY INFORMATION

### Most Important Information About Korlym (cont)

Tell your doctor and pharmacist about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. **Korlym** and certain other medicines, may affect each other or may cause side effects.

Do not take **Korlym** if:

- you are taking certain medications for high cholesterol, such as simvastatin (e.g., Zocor®) or lovastatin (e.g., Mevacor®), as **Korlym** may cause a dangerous increase in the level of these medications in the blood

## Your SPARK Care Coordinator is with you every step of your journey



**Before your first shipment**, SPARK coordinates with your insurance company



**Then**, SPARK contacts you to schedule your first prescription delivery



**As you progress**, SPARK reaches out to you monthly to schedule refill deliveries



**Reach out to SPARK** if you plan to have any medical procedures, medication changes, or insurance changes

## How can SPARK help me?

Your SPARK team is available to support your pharmacy and reimbursement needs. For your convenience, a pharmacist is on call **24 hours a day, 7 days a week**.



Reach out to your SPARK team  
**1-855-4KORLYM**  
(1-855-456-7596)

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Use one of these checklists to prepare for each appointment with your healthcare provider. You can use the blank lines to write down questions or reminders. (See *Progress tracker*)

## IMPORTANT SAFETY INFORMATION

### What Are the Possible Side Effects of Korlym?

Patients taking **Korlym** should be monitored for side effects. Potential serious side effects include signs of adrenal insufficiency, low potassium levels, changes to the lining of the uterus, vaginal bleeding, and problems with the electrical system of the heart.

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# Appointment checklist

## Before my appointment

- Review my progress tracker and other notes and bring them with me to my appointment
  - Write down questions I want to ask my healthcare provider
- 

## During my appointment

- Discuss
    - Any side effects or new symptoms
    - Ways to manage side effects
    - Any positive changes I have seen
    - Any upcoming medical procedures or surgery
  - Ask if my dose should be adjusted
  - Discuss my other medications and any needed adjustments
  - Schedule any needed lab tests
  - Schedule my next visit
- 

## After my appointment

- If there has been a change in any of my medications:*  
Call **1-855-456-7596** and talk to a specialty pharmacist
  - Mark my calendar for my next appointment and for any lab tests
  - Continue to track my symptoms
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## Questions and reminders

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## Monitor your progress

**Complete any time you have test results from home monitoring or lab tests**

*You can use the blanks to add a test if needed.*

**Important:** Check your blood pressure regularly. If you feel dizzy or have other signs of low blood pressure, tell your healthcare provider.

Date/Time	Blood sugar	Blood pressure	Potassium	How you're feeling



## Measurements

**Complete once a month**

*To measure your waist, stand and place a tape measure around your middle, just above your hip bones. Measure after you breathe out.*

*Keep in mind that weight loss takes time.*

Date	Weight	Waist



## INDICATIONS AND IMPORTANT SAFETY INFORMATION

### What Is Korlym® (mifepristone) 300 mg Tablets?

**Korlym** is a prescription medicine used to treat high blood sugar (hyperglycemia) caused by high cortisol levels in the blood (hypercortisolism) in adults with endogenous Cushing syndrome who have type 2 diabetes mellitus or glucose intolerance and who cannot have surgery or for whom surgery has failed.

**Korlym** is not for people who have type 2 diabetes mellitus not caused by Cushing syndrome.

### Most Important Information About Korlym

**Korlym should never be taken by women who are pregnant or who might become pregnant. Taking Korlym during pregnancy will result in the loss of a pregnancy. A pregnancy test is required before starting Korlym or if treatment is interrupted for more than 14 days. Talk with your doctor about how to prevent pregnancy.**

Tell your doctor and pharmacist about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Korlym** and certain other medicines, may affect each other or may cause side effects.

Do not take **Korlym** if:

- you are taking certain medications for high cholesterol, such as simvastatin (e.g., Zocor®) or lovastatin (e.g., Mevacor®), as **Korlym** may cause a dangerous increase in the level of these medications in the blood
- you take corticosteroid medications like prednisone to treat a serious medical condition
- you have experienced unexplained vaginal bleeding, changes in the cells lining your uterus (endometrial hyperplasia), or cancer of the lining of your uterus (endometrial cancer)

### What Are the Possible Side Effects of Korlym?

Patients taking **Korlym** should be monitored for side effects. Potential serious side effects include signs of adrenal insufficiency, low potassium levels, changes to the lining of the uterus, vaginal bleeding, and problems with the electrical system of the heart.

The most common side effects of **Korlym** include nausea, fatigue, headache, low potassium in the blood, pain in arms and legs (arthralgia), vomiting, swelling of arms and legs (peripheral edema), high blood pressure, dizziness, decreased appetite, and thickening of the lining of the uterus (endometrial hypertrophy).

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of **Korlym**. For more information, ask your doctor or pharmacist. For medical advice about side effects, call your doctor.

Before taking **Korlym**, talk to your doctor if you are breastfeeding or plan to breastfeed.

**Complete warnings and other Important Safety Information are available in the full Prescribing Information and Medication Guide.**

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**



Need support or more information about **Korlym**?  
Reach out to a **Korlym** Patient Advocate  
**1-855-295-9969**

**Complete warnings and other Important Safety Information are available in the full Prescribing Information and Medication Guide.**

**Korlym®**  
mifepristone  
300 mg Tablets



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